

National Society Reports 2002

"Hans Selye" Hungarian Society of Behavioural Sciences and Medicine Activities during the period from July 2001 to July 2002

Conferences, meetings

- ***2nd Quality of Life Forum - Budapest, 5th September 2001*** - The second meeting for Hungarian researchers and work-groups interested in QoL measurements. Invited speaker Prof. Gerald Devins, University of Toronto, Canada.
- ***3^d Behavioural Sciences Days – Debrecen, 9-11 May 2002.*** - National Meeting of the colleagues working at the Behavioural Sciences Institutes of the four Hungarian Medical Universities. Latest research trends, ongoing changes in medical and health professional education were discussed in a friendly atmosphere.
- ***WHO Task Force on Depression and Stress Related Disorders, 2nd Meeting Budapest, 23-24 April 2002.*** International Meeting.

Education

- ***"Presence of Mind Film Club"*** – this new initiative invited two-weekly the medical students to informal discussions with health professionals, primarily with psychologists and psychiatrists about psychological aspects of illness and healing, professional identity and other topics of interest. A movie has been presented in connection with the topic of the day, that raised thoughts and emotions and stimulated the discussion.
- ***Evidence-based Mental Health*** course for PhD-students.
- ***Behavioural medicine.*** Postgraduate course.

Ongoing research and health promotion programmes

- In the framework of the project ***"Biological and psychosocial factors of premature health deterioration and mortality in the middle-aged Hungarian population and the possibilities of prevention"*** a national representative survey has been realized, in the analyses of the data our Society will take part. A series of health promotion and intervention programs will be started within this program, too.
- Homestart Programme
- Postpartum depression screening for women
- School based health promotion programmes.
- Peer-helpers training, student counselling.

Social and scientific communication

- Our homepage is under continuous development, giving information on actual and past events. Numerous patient information modules are accessible on a number of public health problems.

Planned activities:

1st Workshop of the “AEP Section Epidemiology and Social Psychiatry Group April 2002”: ***“Who and Why is Mentally Ill in Eastern Europe?” Epidemiology, prevention and treatment, trends for common research and professional work***
20-22 September, Budapest, Hungary

Plans for **2003**: besides the yearly **National Meeting** we plan a **Quality of Life Forum and related workshop** hold by invited experts.

Plan for **2004**: As proposed at the previous ISBM meeting in Mainz, a **satellite conference** of the ICBM 2004 is planned in **Budapest, 21-23 August, 2004** focusing to the Central-Eastern European Region and allowing local researchers to participate in greater number. Educational workshop for students and young researchers is also planned. Proposed theme of the meeting: „**The Biopsychosocial determinants of premature mortality and evidence based methods of prevention.**”

Other plans:

Taking part in the work of more sections of the ISBM. We try to promote the participation of our members in international research programs and meetings.

At national level, we make continuous efforts to emphasize the importance of health promotion to influence the health policy makers and to integrate behavioural medicine interventions into routine health care activities.

Dr. Adrienne Stauder
Vice-President

Prof. Dr. Maria S. Kopp
President