

**International Society of Behavioral Medicine
Governing Council Meeting
Budapest, Hungary, August 28th, 2012**

Governing Council Report

1. Name of the Society:

“Hans Selye” Hungarian Society of Behavioural Sciences and Behavioral Medicine

Submitted by:

(Name & position) : **Adrienne Stauder, president**

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2. Activities

Number of members in 2012: 48 members

Summary of Activities 2011-2012:

- **Education and training:** workshops for graduate medical students. Accredited postgraduate courses and workshops for physicians, psychologists, social workers, and teachers on the topics of stress and stress management, aggression management, psychotherapeutic approaches of mourning.
- **Interventions:** Coping skills training (the Hungarian version of the Williams LifeSkills Program) was delivered for various target groups (eg. chronically ill, high workstress, psychosomatic symptoms, healthy lifestyle, teenagers), in total over 400 participants (in over 40 groups) in a year, all over the country.
- **Conferences and Meetings:**
Organiser in 2011 and co-organiser in 2012 of the yearly meeting of Hungarian behavioural scientists from the Medical Faculties:
11th Behavioural Sciences Days – Gödöllő, June 28-29, 2011,
12th Behavioural Sciences Days – Szeged, June 14-15, 2012
Local Organiser of the Annual Scientific Meeting of the European Association for Consultation-Liaison Psychiatry and Psychosomatics (EACLPP) **June 30-July 2 2011**
Local Organiser of the **ICBM2012**
- **Cooperations:** The Society has formal cooperation agreement with several Hungarian non-profit organizations to implement various projects (patient education, workplace stress management, teacher and teenager programs).

Link to the society website (if any): www.selyesociety.hu

3. For the next Governing Council Meeting

Proposal of action Items: (items that may require a vote) none

4. Any other request to ISBM none